

Joshua C. Hay, M.D.
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Education

The University of Texas Health Science Center at San Antonio, San Antonio, Texas. Pain Medicine Fellowship, Department of Anesthesia. Graduation date: June 31, 2011.

The University of Texas Health Science Center at San Antonio, San Antonio, Texas. Physical Medicine and Rehabilitation Residency Program. Graduation date: June 31, 2010.

The University of Texas Medical Branch, Galveston, Texas
Doctor of Medicine. Graduation date: June 3, 2006.

Texas Tech University, Lubbock, Texas
Bachelor of Science. Major: Biology Minor: Mathematics
Graduated Magna Cum Laude, December 15, 2001.

Medical Licensure & Certification

Board certification in Pain Medicine through the American Board of Physical Medicine and Rehabilitation August 18, 2012-present

Board Certified in Physical Medicine and Rehabilitation through the American Board of Physical Medicine and Rehabilitation July 1, 2001-present

State of Texas Medical License Number: N5718

Awards & Honors

Chief Resident. University of Texas Health Science Center at San Antonio. Physical Medicine and Rehabilitation Department. May 2009-April 2010.

The American Pain Society's Fundamentals in Pain Medicine: a Primer for residents and fellows award recipient. Attended course and APS annual meeting in Baltimore, Maryland, May 3-8, 2010.

Presidential scholarship award (Texas Tech University) 1997-2001

Research Experience

Primary Investigator

Audie Murphy VA, San Antonio, Texas. March 2010.

Effects of a variety of shoe inserts on plantar pressures.

Faculty supervisor: Gordon Bosker.

Research Assistant

Texas Tech Health Science Center, 2001

Performed a literature review on the protein, Satielin, theorizing its anorexic effects.

Supervisor: Dr. John Morrow, PhD.

Presentations

Electrodiagnostic Medicine for the Pain Specialist. 40 minute lecture. Audience: residents, fellows, faculty training/trained in pain management. March 18, 2010.

Radicular Pain. 40 minute lecture. Audience: medical students, residents, faculty training/trained in physical medicine and rehabilitation. November 30, 2009.

Physical Therapy Modalities in the Treatment of Pain. 40 minute lecture. Audience: residents, fellows, faculty training/trained in pain management. June 18, 2009.

A Review of Literature: Acupuncture. 40 minute lecture. Audience: medical students, residents, faculty training/trained in physical medicine and rehabilitation. November 13, 2007.

Functional Kinesiology and Physical Examination of the Foot and Ankle. 40 minute lecture. Audience: medical students, residents, faculty training/trained in physical medicine and rehabilitation. October 9, 2006.

Employment

Pain Management Physician, Spine Works Institute, North Richland Hills, Texas July 2011- present. Providing multimodal treatment to a variety of acute and chronic pain conditions with a focus on the spine.

Histology Technician, Covenant Medical Center, Lubbock, Texas 1999-2002

Assisted pathologist with specimens. Performed frozen sections, slide staining, and cytologies.

Organizations

American Pain Society, 2009-present

American Academy of Physical Medicine and Rehabilitation, 2005-present

American Medical Student Association 2002-2005

American Medical Association, 2005

Volunteer Activities

San Antonio "Rock n Roll" Marathon medical coverage: provided medical support for nearly 30,000 runners of full and half marathons, November 15, 2009.

Practical EMG/NCS Electrodiagnosis Seminar and Workshop instructor: instructed/observed participants performing various nerve conduction studies during this 3 day seminar presented by Dr. Daniel Dumitru, M.D., Ph.D. May 15-17, 2009.

Northside Independent School District Special Olympic participation physical exams: Performed participation sports physical examination on middle school special education students. Once a year in November 2006, 2007, and 2008.

Games of Texas presented by the Texas Amateur Athletic Federation, San Antonio, Texas medical coverage: provided medical coverage for track and field events for state qualified middle and high school athletes, July 2008.

St. Vincent Clinic: Free community clinic run by medical students, 2005

Administered immunizations to Blocker Junior High students, 2005

Extracurricular Activities

Coaching various sports including basketball, soccer, football, and most recently select level baseball

Enjoy watching and participating in sports, such as slow pitch softball, as well as hunting, fishing, and camping with family and friends.

Enjoy spending time with my wife, Ashley; our twin girls, Hadley and Lily; and sons, Cannon and Holden